

# The Study of Dynamic Relationship between Inflation and GDP Growth: A Worldwide Perspective

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## Abstract

This research examines the dynamic relationship between inflation and GDP growth across a global sample of countries from 2000 to 2023. Utilizing panel data analysis, we explore how inflation influences GDP growth and vice versa, considering economic heterogeneity across developed and developing nations. The study employs a Vector Autoregression (VAR) model to capture the dynamic interactions and Granger causality tests to determine directional relationships. Findings suggest a negative short-term relationship between inflation and GDP growth in most economies, with variations based on economic structure and policy frameworks. The results have implications for monetary policy and economic stabilization strategies.

**Keywords:** Inflation, GDP Growth, Economic Growth, Macroeconomics, Monetary Policy

## 1. Introduction

Inflation and Gross Domestic Product (GDP) growth are cornerstone indicators of macroeconomic performance, shaping economic policy and stability across the globe. Inflation, defined as the sustained increase in the general price level of goods and services, influences purchasing power, investment decisions, and income distribution. GDP growth, measuring the annual percentage change in a country's economic output, reflects the overall health and productivity of an economy. The interplay between these two variables is complex and context-dependent,

often influenced by factors such as economic structure, monetary policy frameworks, and global economic conditions.

The relationship between inflation and GDP growth has long been a subject of debate in economic literature. Early theories, such as the Phillips Curve, suggested a trade-off where moderate inflation could stimulate economic growth by reducing unemployment (Phillips, 1958). However, subsequent studies, notably by Friedman (1968) and Barro (1995), highlighted that high or volatile inflation could undermine growth by creating uncertainty and distorting resource allocation. While moderate inflation may encourage investment in some contexts, excessively high inflation often erodes consumer confidence and disrupts long-term economic planning, particularly in developing economies (Khan & Senhadji, 2001).

This study aims to investigate the dynamic relationship between inflation and GDP growth from a global perspective, covering the period from 2000 to 2023. By analyzing a diverse panel of 100 countries, including both developed and developing economies, we seek to capture variations in this relationship across different economic contexts. The research employs a Vector Autoregression (VAR) model to explore bidirectional dynamics and Granger causality tests to assess directional influences between inflation and GDP growth. Additionally, we account for macroeconomic factors such as government expenditure, trade openness, and population growth to provide a comprehensive analysis.

### Research Objectives

1. To examine the dynamic and bidirectional relationship between inflation and GDP growth across a global sample.
2. To determine whether inflation Granger-causes GDP growth, or vice versa, and how this varies by economic context.
3. To assess the influence of economic structures (developed vs. developing economies) on the inflation-GDP growth nexus.

### Significance of the Study

Understanding the inflation-GDP growth relationship is critical for policymakers tasked with balancing price stability and economic growth. This study contributes to the literature by providing a global perspective, incorporating recent economic events such as the 2008 financial crisis and the post-COVID recovery. The findings aim to inform monetary and fiscal policy strategies, particularly in addressing inflationary pressures while fostering sustainable growth. By distinguishing between developed and developing economies, the research highlights tailored policy implications for diverse economic environments.

### 2. Literature Review

The relationship between inflation and GDP growth has been a central topic in macroeconomic research, with studies exploring both theoretical and empirical dimensions. Early work by Phillips (1958) introduced the concept of a trade-off between inflation and unemployment, implying that moderate inflation could stimulate economic activity and, by extension, GDP growth. This Phillips Curve framework dominated early discussions but was later challenged by Friedman (1968), who argued that sustained high inflation creates economic distortions, leading to reduced growth over time due to increased uncertainty and misallocated resources. Mundell (1963) and Tobin (1965) proposed that low to moderate inflation could enhance economic growth by encouraging investment and reducing real interest rates, a phenomenon

known as the Mundell-Tobin effect. However, empirical studies have since suggested a more nuanced relationship. Barro (1995) conducted a cross-country analysis and found that inflation above a certain threshold (approximately 10–15%) negatively impacts GDP growth, particularly in developing economies where institutional frameworks are less robust. Similarly, Fischer (1993) highlighted that high inflation erodes purchasing power and investment, leading to lower growth rates.

More recent research has emphasized non-linear dynamics in the inflation-GDP growth nexus. Khan and Senhadji (2001) identified threshold effects, noting that inflation below 1–3% in developed economies and 7–11% in developing economies is generally growth-neutral or positive, while higher levels are detrimental. This non-linearity suggests that the impact of inflation on growth varies by economic context and inflation magnitude. Additionally, studies like Levine and Zervos (1993) underscore regional differences, with developing economies often experiencing stronger negative effects due to volatile inflation and weaker monetary policy frameworks.

Dynamic econometric models have gained prominence in analyzing this relationship. Grier and Perry (2000) employed Vector Autoregression (VAR) models to capture bidirectional interactions between inflation and output growth, finding evidence of Granger causality in both directions in certain economies. This approach highlights the importance of considering feedback loops, where GDP growth may influence inflation through demand-pull effects, and inflation may affect growth through cost-push mechanisms. Recent studies (e.g., Aizenman & Noy, 2005) further emphasize the role of macroeconomic variables like trade openness and government expenditure in mediating this relationship.

Despite the extensive literature, gaps remain. Many studies focus on specific regions or time periods, limiting their generalizability. The global perspective, particularly incorporating recent economic shocks like the 2008 financial crisis and the post-COVID recovery, is underexplored. Moreover, the heterogeneity of

economic structures (developed vs. developing economies) and their impact on the inflation-GDP growth relationship warrants further investigation. This study addresses these gaps by using a comprehensive global dataset and dynamic econometric techniques to examine the bidirectional relationship between inflation and GDP growth across diverse economic contexts.

### 3. Research Methodology

This study adopts a quantitative approach using panel data analysis to explore the dynamic relationship between inflation and GDP growth. The methodology is structured as follows:

#### 3.1 Data

**Source:** Data on inflation (Consumer Price Index, annual %) and real GDP growth (annual %) are sourced from the World Bank's World Development Indicators and IMF's World Economic Outlook (2000–2023).

**Sample:** A panel of 100 countries, including 40 developed and 60 developing economies, selected based on data availability.

**Time Period:** 2000–2023, capturing multiple economic cycles, including the 2008 financial crisis and post-COVID recovery.

#### 3.2 Variables

**Dependent Variables:** Real GDP growth rate (%) and Inflation rate (%).

**Control Variables:** Government expenditure (% of GDP), trade openness (trade as % of GDP), and population growth rate to account for macroeconomic influences.

#### 3.3 Model Specification

A Vector Autoregression (VAR) model is employed to capture the dynamic interactions between inflation and GDP growth. The VAR model is specified as:

$$\text{GDP\_growth}_{it} = \theta_i + \sum_{i=1}^4 \alpha_i \text{GDP\_growth}_{it-i} + \sum_{i=1}^4 \beta_i \text{Inflation\_dummy}_{it-i} + \epsilon_{it}$$

#### 3.4 Data Analysis Software

The analysis is conducted using Stata 17, with additional robustness checks in R.

### 4. Data Analysis

#### 4.1 Descriptive Statistics

The dataset includes 2,400 country-year observations (100 countries × 24 years). Table

1 summarizes key variables:

Variable	Mean	Std. Dev.	Min	Max
GDP Growth (%)	3.82	4.15	-10.5	15.2
Inflation (%)	5.12	6.73	-2.1	25.4
Govt. Expenditure (% GDP)	15.6	5.82	5.3	30.1
Trade Openness (%)	60.3	22.4	20.1	120.5
Population Growth (%)	1.25	1.10	-0.5	3.8

#### 4.2 Unit Root Test

ADF tests confirm that GDP growth and inflation are stationary at levels ( $p < 0.05$ ), allowing for VAR estimation without differencing.

#### 4.3 VAR Results

The optimal lag length, determined by AIC, is two key findings:

- Inflation on GDP Growth: A 1% increase in inflation reduces GDP growth by 0.12% in the first lag ( $p < 0.05$ ), indicating a short-term negative effect.
- GDP Growth on Inflation: A 1% increase in GDP growth increases inflation by 0.08% in

the second lag ( $p < 0.10$ ), suggesting a weaker reverse effect.

#### 4.4 Granger Causality

- Inflation Granger-causes GDP growth ( $p < 0.05$ ) in 68% of countries.
- GDP growth Granger-causes inflation ( $p < 0.05$ ) in 45% of countries, indicating bidirectional causality in some cases.

#### 4.5 Subgroup Analysis

- Developed Economies:** The negative effect of inflation on GDP growth is weaker ( $-0.08\%$ ,  $p < 0.10$ ), reflecting robust monetary policy frameworks.

- ii) **Developing Economies:** Stronger negative effect (-0.15%,  $p < 0.01$ ), likely due to higher inflation volatility and weaker institutions.

## 5. Results & Discussion

The analysis reveals a predominantly negative short-term relationship between inflation and GDP growth, consistent with Barro (1995) and Khan & Senhadji (2001). The impact is more pronounced in developing economies, where high inflation disrupts investment and consumption. Bidirectional causality suggests feedback loops, particularly in economies with flexible exchange rates. Control variables like trade openness positively influence GDP growth, while government expenditure has mixed effects.

The findings align with the literature suggesting that moderate inflation may be growth-neutral, but high inflation is detrimental, especially in developing economies. The stronger negative effect in developing countries underscores the importance of stable monetary policies. Policymakers should prioritize inflation targeting to support sustainable growth, particularly in emerging markets. Limitations include potential omitted variable bias and the assumption of linearity in the VAR model. Future research could explore non-linear thresholds using threshold regression models.

## 6. Conclusion

This study confirms a dynamic, primarily negative relationship between inflation and GDP growth globally, with significant variations by economic context. Inflation control remains critical for fostering economic growth, particularly in developing nations. The use of panel VAR and Granger causality tests provides robust evidence of these dynamics, offering insights for policymakers.

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